



# REVIEWS

## BOOKS

Reviewed by Ruth Parnell

### THE ENCYCLOPEDIA OF CONSPIRACY THEORIES

produced by Conspiracy Books

Collins & Brown, London, 2006

ISBN 1-84340-381-1 (320pp tpb)

Available: [www.anovabooks.com](http://www.anovabooks.com)

This collective effort in gathering information about conspiracies from the ancient to the modern is well balanced in its approach, designed to make connections between people and events that are often ignored by mainstream historians.

The encyclopaedia is a London-sourced publication with international contributors including Thom Burnett, Nigel Cawthorne, Richard Emerson, Mick Farren, Alex Games, John Gill, Sandy Gort, Rod Green, Emma Hooley, Esther Selsdon, and Kenn Thomas of *Steamshovel Press*. In the introduction, Burnett says we have a climate ripe for conspiracies when declassified files clearly show that governments work secretly and deceptively. He gives the example of a prophecy attributed to Freemason Benjamin Franklin to show how conspiracies grow, and he points to the failure of the mainstream media in not getting to the core of real criminal conspiracies today. And in wondering how to explain the prevalence of the crazier types of conspiracy theories, such as David Icke's shapeshifting reptilians, he ponders on whether the conspiracy world is an updated version of ancient myths.

This well-produced encyclopaedia is divided into 12 sections covering al-Qaeda, assassinations, disinformation, global conspiracies, intelligence, key figures, conspira-

cies of the military, medical, religious and royal types, secret societies and UFOs. Each section is introduced by a short essay setting the context, and many entries are cross-referenced. There's an extensive bibliography and index to aid researchers. And while it's pleasing to see an entry for NEXUS (under "disinformation", no less!), it is not entirely accurate—so I hope this doesn't apply to the rest of the content!

### THE CELTIC CHRONICLES: The True Story of the Holy Grail

by Maurice Cotterell

Celtic Press, West Cork, Ireland, 2006

(published in USA by Bear & Co. as *Jesus, King Arthur, and the Journey of the Grail*)

ISBN 0-9513195-9-0 (236pp hc)

Available: [www.MauriceCotterell.com](http://www.MauriceCotterell.com)

In previous works, engineer/scientist Maurice Cotterell has described how to calculate the duration of long-term magnetic reversals of the Sun and has cracked the codes of the ancient Sun-worshipping civilisations including the Maya, the Egyptians of Tutankhamun's time, the Peruvians in Viracocha's day and the Chinese in the era of the terracotta warriors.

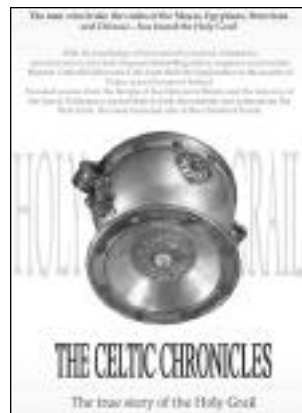
Here Cotterell decodes the same sort of knowledge of solar super-science in the burial chambers and artefacts of the early and later Celtic peoples. The evidence can be found from as far east as the Taklamakan Desert of China, across Europe and as far west as the British Isles.

Two Celtic artefacts that take his fancy in particular are the Ardagh chalice and the Tara brooch which were unearthed in Ireland in 1868. Cotterell suggests, contrary to the generally accepted history, that the chalice was created on the instruction of

Jesus Christ to celebrate the Last Supper and to encode mathematical and symbolic information about cycles of the Sun and Venus, sunspots, magnetism, solar wind and their effects on Earth as well as about mankind's spiritual purpose.

Cotterell speculates that the jewelled cup with its elaborate metalwork—the original Holy Grail, he surmises—was taken to Glastonbury by Joseph of Aramathea, who in AD 60 built the first Christian church there. Its design incorporates the Druidic calendar of 364 days, which was last used in AD 70, and Cotterell exhaustively examines its secret symbolism. The cup also has links with the legend of King Arthur (a Jesus Christ allegory, he believes), as does the beautiful Tara brooch which also incorporates the secret science in its design and creation. The parallels with Mayan artefacts are astonishing and the reader is left to contemplate who influenced whom first.

Considering we live in times when our Sun is undergoing major changes, this knowledge could be vital for our survival.



# REVIEWS



## CLOSE ENCOUNTERS ON CAPITOL HILL

by Robert M. Stanley

Unicus, Manhattan Beach, CA, USA, 2006  
ISBN n/a (411pp tpb)

Available: Unicus Press, tel +1 (310) 357 9027, <http://www.unicusmagazine.com>

So-called "alien incursions" into US airspace, especially in the Washington, DC, area, is the subject of this compelling book by Robert Stanley, editor of *UNICUS* magazine based in California. *NEXUS* readers will be familiar with some of his writings, most recently the report on a Washington photographer's extraordinary shots of UFOs on the US Capitol Building in 2002 (see *NEXUS* vol. 12, nos. 5 & 6).

*Close Encounters on Capitol Hill* features an extended interview with the Washington photographer as well as a discussion with the photo analyst who confirmed that the negatives and transparencies had not been tampered with. A separate CD comes with the book, featuring photographic evidence not only from this strange 2002 encounter but also from as recently as 2006 to as far back as 1942. Plus, Stanley reports on the unusually growing number of UFO sightings in the Washington, DC, region in the new millennium and compares them with previous waves, the 1952 incursion being the most notable. Moreover, he sums up UFO reports from all over the world from before the modern era to as far back as the 17th century—for instance, sightings from 1639 to 1644 over Boston (as he doesn't cite sources, we have to trust that he has them!).

Assembled in Stanley's book are interviews with some interesting characters: e.g., former US Command Sergeant-Major Robert O. Dean, seconded to NATO; former

CIA operative Derrel Sims and journalist Philip Krapf who recount some wild tales about alien abductions; lawyer and social activist Daniel Sheehan, who had access to classified US Air Force files and who comments on disclosure issues; and David Adair, who divulges details on alien craft and back-engineering at Area 51 (see interview in *NEXUS* 9/05) and also has his say on Dr Steven Greer's Disclosure Project.

In his conclusion, Stanley exposes the 3,495 largely unexplained violations of Washington, DC, airspace recorded in just 18 months from early 2003 to mid-2005, supporting the notion that the government is not yet ready for UFO reality disclosure.

## THE KEEPERS

by Jim Sparks

Wild Flower Press, Columbus, USA, 2006  
ISBN 1-930724-05-5 (234pp tpb)

Available: <http://www.5thworld.com>

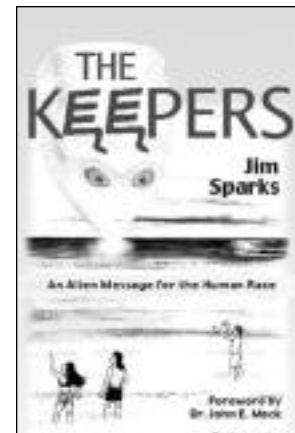
Back in 2000, *NEXUS* (vol. 7, no. 2) ran Paranormal investigator Linda Moulton Howe's article "Meetings with Remarkable Aliens" about the abduction encounters of Jim Sparks from Florida, USA, which commenced in 1988 and still occur, though not as frequently. Now Sparks has written his own book about his amazing experiences.

With the prologue by Moulton Howe and the foreword by the late Dr John Mack (who studied hundreds of such cases, met Jim Sparks several times and was impressed by his testimony), the book's final pages contain supporting comments from those who know Jim and can vouch for his sanity, integrity, humanity and the enhanced psychic powers that he's developed since this incredible contact started.

A former real estate developer with an

interest in trees, Sparks has found himself becoming a messenger about the sad environmental state we've made of our planet. Unlike the majority of abductees, Sparks has come to remember more and more of his interactions with alien beings—reptilians and grey workers as well as humans from the future. He also found himself forced to learn an alien alphabet, and Moulton Howe sent copies of the symbols to a clinical psychologist/sensory neurophysiologist who has analysed such scripts before; his intriguing report is included herein.

Claiming to have experienced faster-than-light interdimensional travel, seen genetic manipulation and hybrid creations, been shown advanced technologies in propulsion, holographic imaging as well as healing, Sparks has a message for humanity courtesy of the ETs: that we are on a spiritual path, but we have to act to ensure the survival of Earth. Sparks is not the first to carry such a message from aliens, but surely we should wake up to our responsibilities regardless.





# REVIEWS

## IS THERE LIFE AFTER DEATH?

by Anthony Peake

Arcturus Publishing Ltd, London, 2006  
ISBN 0-572-03227-7 (416pp tpb)

Available: [www.arcturuspublishing.com](http://www.arcturuspublishing.com)

A graduate of the University of Warwick, UK, with degrees in sociology and history, Anthony Peake has explored his interests in parapsychology and the sociology of religion and language for 25 years. In *Is There Life After Death?*, he proposes that personal death is a scientific impossibility. Supporting his argument with findings from quantum physics, holoscience, neuroscience and consciousness research, Peake suggests we don't die but merely fall out of time and space, off other people's radars, but stay in our own personal universe or phaneron. When we experience *déjà vu*, for instance, we literally re-live something we've experienced before in our previous lifetime.

Picking up on the Gnostic concept of the Daemon (higher self) and the Eidolon (lower self), Peake posits that the purpose of the Daemon, often seen as a Being in White in the near-death experience (NDE), is to prepare the Eidolon for the past-life review generated from all the memories and experiences recorded on the internal "Bohmian IMAX". This review is rapid, operating on a non-ordinary time scale or as a "fast forward". The dying person's consciousness is flooded just before death with new images, and the Eidolon finds itself coming into a new virtual reality as a baby. The fact that newborns can dream is suggestive of a cognitive content transferred from the previous into the new lifetime.

Peake thinks that actions taken by one person bring about another universe, meaning that all possible events can and will take

place. Changes made in one lifetime can and will affect the lives of others with their own phanerons, so essentially we can right any wrongdoings of our past life!

A member of the International Association of Near Death Studies and of the Scientific and Medical Network, Peake is conducting ongoing research into fields of enquiry covered in his book, including NDEs, direct experiences with *déjà vu* and precognition, and he welcomes feedback from readers via email at [cheattheferryman@aol.com](mailto:cheattheferryman@aol.com).

## CATASTROPHE? A New Theory as to the Cause of Global Warming

by Keith Foster, FLS

SAGAX Publishing, Hereford, UK, 2006  
ISBN 0-9532407-3-8 (268pp tpb)

Available: SAGAX, tel +44 0870 766 9164, email [books@pathcurve.com](mailto:books@pathcurve.com)

The view that climate change and global warming are entirely due to human causes is wholeheartedly refuted by UK author Keith Foster, an inventor, polymath and consultant climatologist. In his book *Catastrophe?*, he argues that the climate changes our planet is experiencing are the result of the Earth's magnetic field weakening due to the Sun's changing polarity. Furthermore, they're cyclical and cannot be stopped. These electromagnetic effects also have an influence on organic life and human behaviour, causing aberrations and stresses, though he suggests ways we can cope.

As Foster explains it, a spiralling vortex of magnetic energy exists over each pole, the lines of force revolving clockwise over the south pole and anticlockwise over the north. The vortices act together as a geomagnetic buffer in space, a radiation shield, but with the decline in the planet's magnetic field

they have been weakened—and are getting weaker every year. Consequently, they are preventing the formation of polar ice and causing increasing levels of solar radiation to reach the Earth's surface, leading to a rapidly warming climate—a condition made worse by increased carbon emissions.

Foster discusses the science of not just the magnetic mechanisms but biological cycles and the physical and chemical processes of air, salt and ice in ocean circulation. He points to research suggesting the Gulf Stream cycle has changed to such an extent that northern Europe can now expect a much cooler climate. These changes are coming with exponential speed, he notes, as the "tipping point" has been reached.

Regrettably, we've done our bit towards this crisis by destroying forests and fisheries, both of which have contributed to our dying oceans' loss of carbon-trapping ability.

Not a great future in store, but we have been warned and should prepare for it because there's not much we can do about it.



# REVIEWS



## WEATHER WARFARE

by Jerry E. Smith

Adventures Unlimited Press, Illinois, 2006  
ISBN 1-931882-60-6 (343pp tpb)

Available: NEXUS offices; Adventures Unlimited, website <http://www.adventuresunlimitedpress.com>

Attempts at modifying the weather go back to the original cloud-seeding experiments of the late 19th century, but in these modern times can include ecoterrorism involving electromagnetic scalar-wave technologies that can alter climate and trigger earthquakes, tsunamis and volcanic eruptions, as former US secretary of defence William Cohen warned in 1997.

In *Weather Wars*, Jerry Smith (author of *HAARP: The Ultimate Weapon of the Conspiracy*; see NEXUS 5/06), looks at the weather control technologies that are transforming our world and the legislation aimed at prohibiting environmental modification (ENMOD) but which the military flouts due to the loopholes. Indeed, the US Air Force plans to "own the weather" by 2025, using the weather as a "force multiplier". Smith investigates earthquakes set off by underground nuclear tests, ongoing research into nudging hurricanes, and the possible link between HAARP and the space shuttle *Columbia* crash as well as "natural" disasters such as hurricane Katrina. He supports a proposed law to prevent the weaponisation of space and put a stop to more high-tech weather control possibilities.

Any study of weather manipulation would not be complete without examination of chemtrails, the high-altitude spraying of chemical and/or biological agents possibly to serve as a sunscreen against global warming, as proposed by Dr Edward Teller, father

of the H-bomb. Smith suggests the spraying of these agents may have a population-control purpose, considering the deleterious side effects reported around the world.

Throughout his thought-provoking book, Smith discusses the ethical, social, environmental and global implications of all these weather modification technologies. We should all be very concerned that Nature has been "drafted" by the military.

## TAYOS GOLD: The Archives of Atlantis

by Stan Hall

Adventures Unlimited Press, USA, 2006  
ISBN 1-931882-67-3 (229pp tpb)

Availability: NEXUS offices; Adventures Unlimited, website <http://www.adventuresunlimitedpress.com>

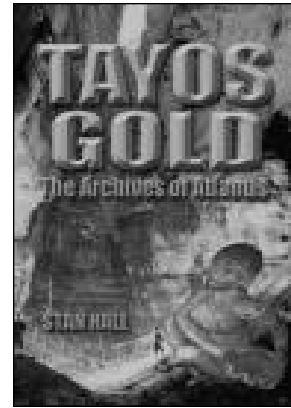
Following in the footsteps of Argentinian/Hungarian gold-digger and archaeological explorer Juan Moricz, Scottish engineer Stan Hall was behind the 1976 expedition to Ecuador in search of lost subterranean cities and artefacts that Moricz claimed to have discovered in the Tayos Caves region. The patron of that expedition was Neil Armstrong, the first man to walk on the Moon, the hope being that he might fittingly oversee the rediscovery of an ancient metal library of records pertaining to the origins of mankind and the rise and fall of Atlantis. (NEXUS readers will have read about Moricz and Hall in Philip Coppens's article "The Quest for the Metal Library" in 13/04.)

One astounding proposition that Moricz discovered from his preliminary research is a connection between the ancient Andean kingdom of Kitus (from which the city of Quito got its name) and the Magyar (Hungarian) civilisation. Apparently, in a

post-Deluge diaspora, the Kitus arrived in Lower Mesopotamia around 7,500 BC in boats made of balsa wood—found only in South America—and settled via Sumer in the Carpathian Mountains. Not only that, but at the end of the eighth century AD, a Magyar people—the Karas, or "royal Scythians"—migrated via India back to their motherland in South America. He noted similarities in names, language and customs between the Andeans and Magyars. But this is just one of the mysteries discussed in Hall's swan song *Tayos Gold*.

This odyssey to rediscover ancient treasure features unknown scripts inscribed on rock and metal, encounters with indigenous persons keen to keep the secrets hidden, and much blood, sweat and tears. In 2005, Hall published his calculation of the location of the fabled treasure, but at this stage of his life wonders whether it should just remain out of reach. Impatient readers can glean more at <http://www.goldlibrary.com>.

A fascinating journey, regardless.





# REVIEWS

## **POLITICAL PONEROLOGY: A science on the nature of evil adjusted for political purposes by Andrzej M. Lobaczewski**

Red Pill Press, UK, 2006

ISBN 1-905570-04-X (194pp tpb)

Available: <http://www.redpillpress.com>

If you've ever wondered why evil and heartlessness can be so prevalent in the world and why they seem to spread like an epidemic, there are answers that can be found in the study of psychopathy, a condition of lack of conscience which may affect around five per cent of the population.

Laura Knight-Jaczyk (*The Secret History of the World*, NEXUS 14/01) was researching this problem when she was contacted by Polish-born author Andrzej Lobaczewski and went on to edit his book.

Lobaczewski, who trained as a clinical psychologist, started exploring the phenomenon with colleagues in communist Poland when Stalinist propaganda was being inflicted on them, and they calculated that about six per cent of their fellow students had succumbed to a pathological "transpersonification" process in the classroom. The term "ponerology" was coined to describe the study of evil adjusted for political purposes.

The first draft of this book he had to burn in the early 1960s just before it got into the hands of the secret police; the second he entrusted to a courier to deliver to the Vatican but never heard of it again. The third draft he wrote from scratch in 1984 but it's taken him over 20 years to get it published. This edition includes an enlightening preface by Knight-Jaczyk as well as a new preface by Lobaczewski.

The nature of evil and how it subverts moral and humanist foundations and is part

of a "pathocratic phenomenon" is explored in disturbing detail, but in the light of a better alternative based on the laws of nature and some sensible checks and balances at the insistence of an informed society.

## **THE OIL DEPLETION PROTOCOL by Richard Heinberg**

Clairview Books, UK, 2006 (first pub. in

Canada by New Society Publishers, 2006)

ISBN 1-905570-04-X (194pp tpb)

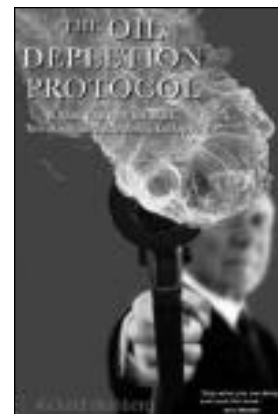
Available: [www.clairviewbooks.com](http://www.clairviewbooks.com)

The peak in world oil production may already be upon us, with fewer oil fields being discovered, existing fields becoming depleted and oil companies overestimating their reserves. Unless we can reduce our dependency on oil, if not our addiction to it, we face a bleak future of geopolitical conflict and economic collapse, says Richard Heinberg (author of *The Party's Over* and *Power Down*; see reviews in NEXUS 10/04, 12/05). But even to reduce our insatiable demand for this energy-dense product will take decades for our industrialised civilisation to achieve, so we'd better start now.

As well as drawing on the latest statistics and recent academic studies, Heinberg refers to the Oil Depletion Protocol drafted by Colin Campbell, founder and chairman of the Association for the Study of Peak Oil (ASPO) (see NEXUS 10/01), discussing its pros and cons and how it might be implemented by nations, industries, municipalities, citizens' groups and individuals. The Protocol lays out an accord that would have nations voluntarily reducing their oil production and oil imports according to a consistent, equitable formula to match depletion rates. It would allow for an oil phase-out transition period to be planned for the long

term, provide a system of stable prices and promote co-operation among nations. The proposal may have a touch of "pipe dream" about it, but the alternative is too shocking to contemplate. We have to get used to the fact that because our modern lifestyles are so dependent on oil and are thus unsustainable in the long run, we have to curb our wants and come up with new strategies and energy sources if we're to survive.

Heinberg discusses how emissions-based and depletion-based agreements could work together, and the extent to which renewable energy sources could meet demand on the personal to the industrial level. Being realistic, he considers issues such as the trade-off in the use of agricultural land to produce food as opposed to biofuels and the adoption of smaller-scale organic farming techniques as an alternative to large-scale, monocultural, oil-guzzling industrialised food production. He also gives examples of citizens' groups and municipalities which are already making inroads in coping with oil depletion. This is a reality check for us all.



# REVIEWS



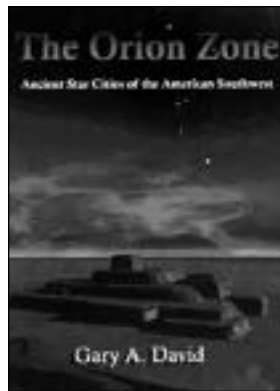
## THE ORION ZONE

by Gary A. David

Adventures Unlimited Press, Illinois, 2006  
ISBN 1-931882-65-7 (343pp tpb)  
Available: NEXUS offices; <http://www.adventuresunlimitedpress.com>

The ancient Egyptians weren't the only ones to have been inspired by the stars in constructing their built environments. Arizona researcher Gary David argues in this "sky-breaking" book that the Pueblo Indian ancestors of the Hopi constructed their villages in a pattern that mirrored all the major stars in the Orion constellation.

David is careful to point out that what the Hopi regard as a true depiction of their past (influenced also by the Navajo who migrated there around AD 1500–1600) is generally at odds with what white anthropologists have surmised. Having analysed geodetic alignments of Pueblo ruins, photographed rock art, noted cultural motifs and utilised an astronomical computer program to deter-



mine ancient star positions, David has come up with his take on the fundamental principles and purposes of the Orion constellation as manifested in the American Southwest.

Orion was associated with the Hopi god Masau'u and has parallels with other mythological traditions around the world, and even with Western secret societies such as the Freemasons and Rosicrucians. Throughout *The Orion Zone*, David discusses the meaning of these Pueblo artefacts, including stone tablets and a star map/solstice marker petroglyph, sites in Arizona associated with the head and arms of Orion, chakra lines and phenomenal celestial beings, and companion sites in the Southwest such as the Grand Canyon, Chaco Canyon and Death Valley.

The global Orion legacy, David maintains, includes links with not just the ancient Egyptians but the Meso-Americans and the peoples of the South Pacific, as evidenced by the vector of a planetary chakra line. He even suggests that the Hopi, or at least their ancestors, were once a seafaring people who had escaped a world destroyed by flood.

The prophetic proclamations of the Hopi, as have come to public prominence in recent years, are also disturbing for their warnings about future Earth changes. Take note!

## CROP CIRCLES: Signs, Wonders and Mysteries

by Steve and Karen Alexander

Chartwell Books, Inc., Edison, NJ, 2006 (© Arcturus Publishing Ltd, London, 2006)  
ISBN 0-7858-2069-8 (192pp hc)  
Available: Book Sales, NJ, USA, tel +1 (732) 225 0530, fax +1 (732) 225 2257

This beautifully produced, full-colour hardback book is a comprehensive guide to crop circles that have graced the fields of England and foreign lands since the early 1990s up until mid-2005. The bulk of the more than 280 photos are the work of Steve Alexander, whose aerial as well as ground-based shots have appeared in every edition of NEXUS featuring a crop circle round-up.

The inspiring introduction and commentaries are by Steve's wife Karen Alexander, who is a well-known speaker and writer linking sacred art, mythology and spirituality with psychology and philosophy. She discusses the scientific findings to date, and explores the meanings behind the shapes and the age-old knowledge that they seem to encapsulate. She considers how these formations suggest "a means of looking at reality in an entirely new way", how they often appear near sacred prehistoric sites and places where there are aquifers or piezoelectrical emissions, and how the luminosities occasionally recorded point to the possibilities of other realities or dimensional entities.

The first section, on sacred geometry and number, is illustrated by crop patterns that exhibit geometries from 1 to 13: monadic circular forms to mysterious patterns incorporating the number 13, the number of transformation. The following chapters highlight designs demonstrating sacred space, labyrinths, mazes and puzzles, knots, ropes and ribbons, spirals and spinners, forms of life, mystical mandalas, heavenly bodies and fractal forms, plus there are examples of formations from Europe and North America. The penultimate chapter features signs and wonders—formations that "have the ability to awe, astonish and push the very limits of perception and belief"—such as the 2000 Avebury Trusloe magnetic field, the 2001 Chilbolton radiotelescope face and binary code, and the 2004 Silbury Hill formation with ancient Mayan or Greek motifs and an inner wing-like section.

To see so many breathtaking crop images in the one book is a treat. The designs do seem to speak to something at the core of our consciousness, as Karen so aptly writes.



# REVIEWS

## **BEYOND PHOTOGRAPHY: Encounters with Orbs, Angels and Mysterious Life-forms**

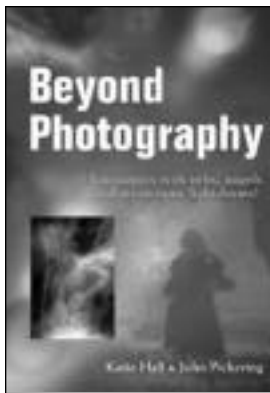
by **Katie Hall & John Pickering**

O Books, Hampshire, UK, 2006

ISBN 1-905047-90-8 (237pp tpb)

Available: See <http://www.o-books.net>

In the digital camera age, a fascinating phenomenon has emerged: hovering or moving discs or orbs of light captured in photos. Around five years ago, contemporary artist Katie Hall and designer John Pickering independently discovered this phenomenon and ever since have been photographing these orbs inside and outside their middle-England country house with its idyllic gardens, woodlands and streams. Their book contains some astonishing and captivating photos (b&w throughout, with some repeated as colour plates) of orbs but also of other luminosities: winged, faerie, angelic, ethereal forms as well as moving vertical light-rods. It's amazing to see how their cats could



focus on something that corresponded with the positions of orbs seen in the photos.

Not content just to accept the phenomenon, Hall and Pickering set out to analyse it in terms of physics, i.e., its similarities to ball lightning and plasma, its presence in the records of history and art as well as mysticism and local legend, and its likeness with the so-called "small transient lights phenomenon" which is often seen by sensitives. Indeed, Hall herself has observed and interacted with these seemingly intelligently positioned lights for most of her life. The authors have also discounted sources of possible interference such as lens flare, water droplets, pollen, moths and so on, and yet the orbs persist. On one occasion, the orbs mimicked the star positions in a cluster of the Canis Major constellation which the authors had just observed. Not only are these light-forms showing that they have minds of their own, but that they interact with human consciousness.

With an interesting narrative on their escapades around their home and gardens,

Hall and Pickering sum up by speculating on what the orbs are (intelligent, interdimensional entities), where they come from (they've even been recorded on space shuttle missions), what their purpose is and what they might mean for humanity. In a similar way to the enigmatic crop circles, these light-forms are inspiring people everywhere to explore new frontiers of consciousness.

## **CONTROLLING THE HUMAN MIND by Dr Nick Begich**

Earthpulse Press, Alaska, USA, 2006

ISBN 1-890693-54-5 (248pp tpb)

Available: <http://www.earthpulse.com>

Technologies to influence human minds and behaviours have been under development since perhaps the 1920s when Dr George Estabrooks of Harvard proposed using hypnosis to create super-spies and pushed the idea on the US military without success. It wasn't until the end of the Korean War when returning US POWs exhibited unusual changes in behaviour, personality and beliefs that the US military began to give serious attention to mind control research. The North Koreans, Chinese and Russians already had a head start, the latter demonstrating expertise in microwave weaponry when, from 1963, it began bombarding the US Embassy in Moscow.

Here Dr Nick Begich (see 13/02-03) gives a potted history of mind manipulation, taking into account the CIA's MKULTRA program, Col. John Alexander's development of so-called "non-lethal" weapons, Dr Michael Persinger's research into simulating peak experiences and UFO abduction scenarios, the Soviet *Woodpecker* and LIDA systems, Dr José Delgado's work in remote control of the brain, the HAARP ionosphere-tampering project in Alaska, and much more.

To help us understand the root of mind/behaviour control technologies and how they work, he explains the basics on bioenergetics, resonant frequency interactions and modulations, electromagnetic coupling and "nanotronic" effects. Dr Begich is deeply concerned that military/intelligence agencies have now so fine-tuned these weapons that they are able to "pierce the very integrity of the human being" and violate our most basic civil rights. He draws on the available literature including several hundred source documents to get across the serious implications of the deployment of these systems.

On the other hand, he gives positive coverage to technologies such as biofeedback systems, electro-acupuncture, Robert Monroe's Hemi-Sync device and the Earthpulse Soundwave technology that are the 21st century's mind-expanding tools that can improve human potential. Still, a cautionary tale about mind control research gone mad.

# REVIEWS



## DVDs

Compiled by Duncan Roads

### BEYOND THE CAGE: Is Animal Experimentation Necessary?

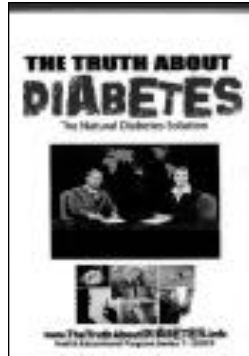
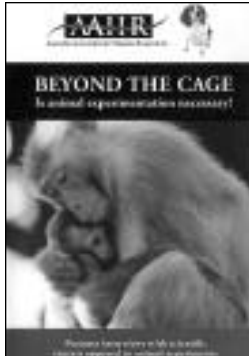
Produced by Kickstart Media for AAHR Available: Australian Association for Humane Research Inc., Suite 234, Toorak Corporate Centre, 29 Milton Parade, Malvern Vic 3144, Australia, tel +61 (0)3 9832 0752, <http://www.aahr.asn.au>

We are becoming increasingly aware of the many ways in which animals are being exploited in today's society, yet never before have they been used in such vast numbers and subjected to such confinement and cruelty as they are now.

Every year, hundreds of millions of animals are used around the world in shocking experiments. They are subjected to induced diseases, are driven insane, electrocuted, blinded, concussed, burned, drowned and dismembered—all in the name of human health and well-being.

You will learn from this compilation of interviews with scientists that the need for animal testing is largely legally driven, not scientifically driven.

The issue of animal testing is not an emotional argument; it is a scientific debate, and the scientific reasons for using animals for product testing are weak. In fact, it is now dangerous for human health to rely on animal testing as a guarantee of safety.



### THE TRUTH ABOUT DIABETES:

#### The Natural Diabetes Solution

Health Educational Program © 2004, <http://www.thetruthaboutdiabetes.info> Available: Eleotin 4 Diabetes, PO Box 12, Hornsby NSW 2077, Australia, website <http://www.eastwoodcos.com>

In this first documentary in the Health Educational Program Series, titled *The Truth About Diabetes: The Natural Diabetes Solution*, host Christina Sestan talks with Dr Youngsoo Kim from China.

In this informative and educational interview, Christina and Dr Youngsoo discuss the

facts about diabetes and break the myths and misunderstandings.

They also discuss the recent emerging issues surrounding diabetes, such as the rise in numbers of diabetic children and the effects of pharmaceutical drugs. Dr Youngsoo takes the opportunity to share his knowledge of several natural alternatives available to diabetics. Rumour has it that they work!

Check out the website for other films in this series, plus the book on the subject.

### BUSH TUCKER MAN: From Arnhem Land to the Kimberley Ranges, and from the Rainforests to Cape York

Presented by Les Hiddins

© Australian Broadcasting Corporation 2005 (2 DVDs, 240mins)

Available: <http://www.abcshop.com.au>

Join Les Hiddins for eight classic episodes from the popular ABC TV series *Bush Tucker Man*.

Travelling throughout the "top end", Hiddins imparts information on how to survive on foods sourced only from the natural environment, demonstrating how even in

remote deserts and on sandy beaches, fresh food and water can be found—if you know where to look.

Disc one covers the territory from Arnhem Land to the Kimberley Ranges, where we meet the Aborigines of Ngukurr and discover some of their bush tucker secrets.

Disc two covers from the rainforests to Cape York, where Hiddins travels

through the most northerly rainforest in Australia at Iron Range, the north Queensland coastline and the Gulf country, over to the west coast of Cape York.

Although this series was produced back in 1991, you certainly don't have to be an Aussie to appreciate the value of the survival information contained in these eight episodes, and you get to see some of our wonderful country before the drought hit a few years ago.

If you are keen, get the other DVD of the series, too, and learn even more.





# REVIEWS

## CDs

Reviewed by Richard Giles

### ONE WORLD, MANY CULTURES

by various artists

Putumayo, USA, 2006 (46mins)  
Distributors: **Aust**—MRA, tel (07) 3849 6020; **UK**—Putumayo, tel 07759 600495; **USA**—Putumayo World Music, tel 800 955 9588, [www.putumayo.com](http://www.putumayo.com)

Putumayo's latest album brings together some of the world's leading musicians to give a feel for what it's like when the greats sing in harmony. Ziggy Marley works with Cheb Mami, Youssou N'Dour with Alan Stivell, Taj Mahal with Toumani Diabaté, Baka Beyond with EtÉ, Susheela Raman with Tama, and more. There's a host of combined creative talent here, and Putumayo deserves credit for the idea. Enjoy this range of top artists collaborating on what is a legendary CD.

### WORLD CIRCUIT PRESENTS

by various artists

World Circuit, 2006 (2CDs, 138mins)  
Distributors: **Aust**—MRA, tel (07) 3849 6020; **UK**—World Circuit Ltd, tel (0)1689 870 622, website <http://www.worldcircuit.co.uk>

World music now looms large on the planet's music charts, and one strong promoter is the World Circuit label. Here it has assembled a double CD of some of the label's greats to celebrate its 20-year anniversary: Buena Vista Social Club, Ali Farka Touré, Angá Diaz, Toumani Diabaté, Orchestra Baobab, Cheikh Lô, Afro Cuban All Stars, Ibrahim Ferrer and more. World Circuit has won four Grammy awards over the years. This compilation features the best of the best and is a collector's special if you are a world music fan.

### STATE OF GRACE III

by Paul Schwartz

Koch Entertainment, USA 2006 (50mins)  
Distributors: **USA**—Koch Records, tel (516) 484 1000, website <http://www.kochrecords.com>

Paul Schwartz is one of the world's leading creators in the field of spiritually eloquent music and modernist classical styles. This album is the third in a series of *State of Grace* albums with singers Lisbeth Ascott and Rebecca Luker. In fact, the series so captivated Carlos Santana that he played on the second album. Schwartz has assembled folk tunes to go with older hymns, with a modern musical arrangement, piano and violin plus lush orchestration. The album captures the choral and orchestral with a

modern, ambient feel. A unique, uplifting and inspiring album.

### SHIVA MACHINE

by Girish

Ajna Music, USA 2005 (55mins)  
Distributors: **USA**—Spirit Voyage Music, tel 1888 735 4800, website <http://www.spiritvoyage.com>

Girish is a popular musician in the sacred song circuit, having played with Krishna Das, Rasa, Snatam Kaur and Dave Stringer. His background is in jazz percussion, but he spent five years as a monk before moving on to play the tabla. He has revolutionised the Sanskrit mantra chant by creating his own funky pop/jazz style and transposing 1,000-year-old verse into modern sounds accessible to younger listeners. "When you chant," he says, "the mantra acts as a portal to the presence of the deity whose name you're chanting." The original meaning of the mantra is intact, but the presentation is popular funky. He even uses rap-style lyrics in the song to Hanuman, the son of the wind, achieving a nice groove. Up-tempo chanting with an ambient feel.

### BEHOLDING THE ONE IN ALL

by Paramahansa Yogananda

SRF, USA, 2006 (33mins)  
Distributor: **USA**—Self-Realization Fellowship, tel (818) 549 5151, website <http://www.yogananda-srf.org>

Many NEXUS readers will be familiar with the teachings of Yogananda. He was born in India in 1893 and arrived in the USA in 1920 to teach his message: that there is one goal shared by all—union with God—and that happiness is to be found from within. He established the Self-Realization Fellowship in Los Angeles in 1925, and his book *Autobiography of a Yogi* remains a classic spiritual text. This talk on the One was recorded in January 1949 and is part of a series. An inspiring recording.

